



WomenLift Health Global Conference 2024

RE-IMAGINING LEADERSHIP:
NEW APPROACHES TO NEW CHALLENGES

Partners, Collaborators and Allies

LOGISTICS NOTE FOR DELEGATES

 April 6-8, 2024

 Julius Nyerere International Convention
Center (JNICC), Dar es Salaam, Tanzania



TRAVEL & ACCOMMODATION

We look forward to welcoming you in Dar es Salaam, Tanzania for The WomenLift Health Global Conference, 2024. We have compiled the below information to support with your logistics planning. For further information or questions, you can email help@penuelinvestment.co.tz

Visas will be issued in accordance with the laws and regulations of the United Republic of Tanzania, details can be found at; <https://immigration.go.tz/index.php/visa-and-pass-information>



FAQs

Do I need a Visa to travel to Tanzania?

A list of countries that do not require visa application can be found on: [Countries Which are not Required to Apply for Visa - Tanzania Immigration Department.](#)

For residents in countries that are not on the above list, their applications can be made at Tanzanian embassies or consulates in their respective countries or through [Tanzania eVisa - Welcome \(immigration.go.tz\)](#)

What hotels are within close proximity to the Julius Nyerere International Convention Centre?

Several Qualified hotels that are close to the JNICC that guests can contact and book their accommodation are listed below.

Refer to the table below with accommodation details.

When and how can I reserve my hotel room?

Participants are responsible for their own hotel arrangements. The conference organizers are not in a position to assist participants with hotel bookings, nor can they assume responsibility for paying cancellation fees or for re-bookings and no-shows.

How do I arrange for airport pick up and drop off?

An airport shuttle service will be provided for all conference delegates. There will be designated ushers to receive delegates, and who will lead them to the cars/ buses for drop-offs.

Is there alternative transport?

Yes, there are Uber equivalent services and taxis, and the most used are Uber and Bolt, but the payment costs for this will be the delegate's responsibility. Delegates are encouraged to have local currency to be able to facilitate their transport using this option.

Are there meals going to be provided during the conference?

Yes. A buffet lunch, offering diverse dietary needs and preferences, will be provided each day of the conference. There will also be light snacks served during morning and afternoon tea breaks.

What is the dress code?

The conference dress code is business casual.

Are there any medical specific information that I need to know beforehand?

Yellow fever vaccination is required for all travelers arriving from, or having transited through, countries where yellow fever is endemic. Direct arrivals from non-endemic countries, including all countries in Europe and North America, are usually not required to show a yellow fever vaccination certificate. The [Centers for Disease Control \(CDC\)](#) provides additional information about [recommended vaccines and medications](#) for travelers going to Tanzania. Delegates from yellow fever-endemic countries entering the United Republic of Tanzania will be required to show their valid yellow fever immunization card.

On-site yellow fever vaccination will be available at a cost of USD 50.

**DELEGATE INFORMATION PACK****Registration Fees**

Conference registration fees have been tailored to target delegates who reside in high-income countries & delegates who reside in low- and middle-income countries, as designated by the World Bank Country Classification. Click here to see the list of countries. Payment will be completed online during the registration process. Delegates are required to plan and pay for their costs related to travel, accommodation, health insurance, and incidentals.

Please note, there will be no onsite registration and payment.

Conference badge collection will be open from 5th April 2024 at 12:00 PM (East Africa Time) at JNICC. Delegates are encouraged to take advantage of this and collect their badges in good time.

For security reasons, delegates will be required to always have their badges on. Loss of a badge should be reported immediately to the registration desk.

Conference Resources

The program and other relevant documents can be accessed on our official website:

<https://wlhgconference.org/>.

Visa and Immigration Requirements

The Government of the United Republic of Tanzania will issue an ordinary single-entry visa on arrival to all eligible conference delegates with a valid invitation letter from WomenLift Health (acquired from the registration portal/officially posted) and a passport valid for a minimum of six (6) months.

Airport Lounge

The Julius Nyerere International Airport like other International Airports in the country, is equipped with elegant lounges ranging from V.I.P, business and ordinary.

Vaccination and Health Requirements

Health Services

First aid emergency services including ambulances and specialized medical teams will be readily available at the Julius Nyerere International Convention Centre. For further medical attention, delegates are advised to seek treatment at one of the following hospitals at their own cost.

Hospitals & Polyclinics

Shree Hindu Mandal Hospital	+255 682 052 342
Aga Khan Hospital	+255 782 004 001
Saifee hospital Tanzania	+255 748 772 930
Premier Care - Namanga	+255 745 254 642
Premier Care - Masaki	+255 758 907 500
Sali International Hospital	+255 786 217 938
London Health Centre	+255 739 542 542
IST Clinic	+255 718 783 393

Pharmacies

- Premier Care Pharmacy - Oysterbay **+255 627 254 646**
- JD Pharmacy **+255222182980**

Delegates are advised to carry their prescription medicine for the duration of their journey.

Medical Insurance

Delegates are advised to get medical insurance coverage from their respective countries. It is recommended that the insurance cover:

- Travel days between departure and arrival to your country of origin.
- Be recognized by the main referral hospitals and cover medical treatment in the United Republic of Tanzania. Some of the internationally recognized Insurances are MSO, Cigna Health Insurance, Henner, Allianz, HTH Worldwide, United Healthcare Insurance, Jubilee Insurance, and Bupa Health Insurance.

Please ensure your insurance covers medical treatments in Tanzania.

Accommodation

The list of recommended hotels with contact details and reservation links is available on the table below:

Around the City Centre (less than 5km from the conference venue)

Johari Rotana	+255 659 070 800
Hyatt Regency Dar es Salaam, The Kilimanjaro	+255 764 701 234
Dar es Salaam Serena Hotel	+255 222 212 500
Crowne Plaza Dar Es Salaam, an IHG Hotel	+255 746 812 540
Protea by Marriott Hotel Courtyard	+255 222 130 130
Holiday Inn Dar Es Salaam City Centre	+255 786 800 222
Element Hotel	+255659070040
Four Points by Sheraton	+255 677 023 236
Onomo Hotel Dar es Salaam	+255 222 343 434

Around the Peninsula (5km-10km from the conference venue)

Sea cliff Hotel	+255 764 700 600
Coral Beach Hotel	+255 744 287 554
Delta Hotel by Marriott	+255 779 000 007
Urban city blue	+255 222 600 138
Protea by Marriott Oysterbay	+255 222 666 665

The best route to get to JNICC from the Peninsula is through the Tanzanite Bridge which is secure and has less traffic.

Tourist Activities

Explore Tanzania after the conference. Tanzania is endowed with a 54 variety of tourist attractions categorized into natural, cultural, and man-made resources. The country is the home to 22 National Parks; 31 Game Reserves; 42 Game Controlled Areas; 38 Wildlife Management Areas; 19 Nature Reserves; One Conservation Area; 4 Ramsar Sites; more than 125 archaeological sites and historical sites; over 1,400 km of coastline with pristine beaches; three marine parks and 15 marine reserves; three Great Lakes; and the Spice Islands of Zanzibar.

For further details on attractions available in Tanzania please visit the Tanzania Tourist Board (TTB) <https://www.tanzaniatourism.go.tz/>

Electric Supply

The standard electrical current used throughout the United Republic of Tanzania is 240 volts with a frequency of 50 Hz. The electric plugs and sockets are of the G type. It is recommended that delegates bring their own adaptors to comply with the electric current and plugs.

Safety Measures

The Government of the United Republic of Tanzania is dedicated to ensuring maximum safety and security for all delegates throughout the conference. Delegates are advised to understand and comply with various security measures which will be in place during the conference. Kindly be prepared to pass through security checks as you will be accessing the hotels, conference venue, and other important places. Furthermore, delegates will be asked to present their badges when entering/exiting the venue.

Dar es Salaam is considered one of the safest cities in the region, however, Security surveillance will be enhanced during the conference. Therefore, delegates are encouraged to use their leisure time around restaurants, bars, and hotels and enjoy nightlife in the business city of Dar Es Salaam whilst observing necessary safety precautions. In case of any security emergency, please contact:

Central Police station **+255 787 668 306**

Weather Predictions

Dar es Salaam is located on the eastern coast of the United Republic of Tanzania. The time zone in Dar es Salaam is East Africa Time (GMT+3). The average high temperature in April in Dar es Salaam is 29°C (85°F), while the average low temperature is 26°C (79°F). An average of 10 rainy days is predicted.

Dress Code

Dress code standards are conservative in Tanzania, especially in Zanzibar. Delegates are encouraged to take note of this while planning their trip.

Telecommunication Services

Tanzania offers a wide range of options for telecommunication services. The following telecommunication companies are available in the country; Tanzania Telecommunication Company Limited (TTCL), Airtel Tanzania, Vietel Tanzania Limited (Halotel), MIC Tanzania Limited (Tigo), Vodacom Tanzania, SMILE, and Zanzibar Telecom Limited (Zantel).

Mobile telephone service providers also provide a gateway to the internet using GPRS, 5G, 4G, and 3G. Cell phone sim cards are widely available. Every SIM card user/buyer is legally required to register before its activation. The cards can easily be registered at the purchasing point.

Banking Services

For working days, the banking service commences at **8:00-4:00pm** closure time and 08:00 to **13:00** on Saturday. Some banks have their branches open on Sunday at Mlimani City Mall. Most banks have cash dispensing machines across the city that accept Visa, MasterCard, and Cirrus. Bureau de change facilities are available in all parts of Dar es Salaam City. Most internationally recognized currencies and travelers' cheques can be exchanged at commercial banks, hotels, international airports, and private bureaus allocated within the city. The Tanzanian currency is the Tanzanian Shilling (TZS). Delegates are advised to use ATMs in banks, shops, hotels, and shopping centers.

Business and Shopping Hours

All public offices are open from **07:30 AM** to **3:30 PM**, Monday to Friday, while most private offices vary in terms of opening and closing depending on the nature of their business.

Local artisan markets

- Mwenge woodcarvers' market
- Slipway Shopping Centre
- Tinga Tinga Arts Cooperative Society

Supermarkets

- Village supermarket
- Shoppers Masaki
- Shoppers Mikocheni
- A to Z Supermarket near JNICC
- Mlimani City Shopping Mall.

Restaurants

- The Alcove Restaurant, Seacliff Hotel +255 769 213 744
- Karambezi cafe +255 686 653 832
- Moyo Steakhouse +255 768 340 979
- Epi d'or +255 786 669 889
- Zuane +255 766 679 600
- Samaki Samaki +255 765 676 955
- Break Point +255 747 774 402
- Shishi Food +255 716 101 721
- Chef's Pride +255 754 657 364
- Cape Town Fish Market +255677779999

WomenLift Health Wishes you all a beautiful stay in Tanzania. For any further inquiries, regarding the conference please reach us at conference@womenlifthealth.org Email us on help@penuelinvestment.co.tz for any logistical support or inquiries

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